14. UNPAID ACTIVITIES AIMED AT HELPING OTHERS

14.1 In the last four weeks did you spend any time on any unpaid not compulsory activities, done for others living outside your household (relatives or not), the community or the environment, performed through groups/organizations or directly? Consider also any activity you did to help the school, religious organizations, sports and cultural associations or community associations, trade union activities performed in your own time, etc. BUT do not include internships and apprenticeships.

NO ..................1 ☐
YES ..........................2 ☐

BEWARE!
It is important that ALL people answer to questions 14.2 to 14.4, also those who answered NO to question 14.1, since often some unpaid activities are overlooked!

14.2 In the last four weeks did you provide any of the following unpaid not compulsory activities to help people (relatives or not) who do not live in your household? Exclude financial or material help, also under form of food, clothing, etc.

(Read all the answers, more than one answer is possible)

Working for nursing, therapeutic/health care..01 ☐
Adult care and support........................................2 ☐
Child care........................................................3 ☐
Help with household activities including those not in aided person's house (washing, ironing, shopping, preparing meals, etc.) .........4 ☐
Companionship, support, hospitality.................5 ☐
Help in carrying out paperwork (go to post offices, banks, etc.)...........................................6 ☐
Help in someone else's employment..................7 ☐
Help in someone else's employment.................8 ☐
Other activity to help people..........................9 ☐
No, no help to people...................................10 ☐

14.3 In the last four weeks did you provide any of the following unpaid not compulsory activities to help the community or the environment?

(Read all the answers, more than one answer is possible)

Coordinating or accompanying a group..............01 ☐
Organizing or helping organizing (sport, cultural, political, religious, etc.) events, campaigns, meetings.......................................................02 ☐
Fundraising ......................................................03 ☐
Providing training, acting as an educator, a coach, a referee ......................................................04 ☐
Be a representative or serving on a board.....05 ☐
Doing secretarial or administrative tasks for a group /organization ..................................06 ☐
Maintenance or refurbishment of facilities, public spaces or communal areas....07 ☐
Activities for the protection of the environment, heritage and animals.................................08 ☐
Rescue activities..............................................09 ☐
Blood or blood derivatives donation...............10 ☐
Other activity.....................................................11 ☐
No, no help to community or environment......12 ☐

14.4 In the last 4 weeks did you provide economic or material aid to help people (relatives or not) who do not live in your household?

(Read all the answers, more than one answer is possible)

Yes, economic aid.......................... 1 ☐
Yes, help in providing food and clothing. ..........2 ☐
No.......................................................3 ☐

(If you did at least one unpaid activity in the last 4 weeks)

14.5 Did you do these unpaid activities through a group/organization or directly?

Only through groups/organizations ..1 ☐
Both directly and through groups/organizations ..........2 ☐
Only directly.............................................3 ☐

BEWARE!
People who didn’t any unpaid activity in the last 4 weeks (No to all questions 14.1, 14.2 and 14.3) end volunteering module, other people please continue!

(If you did at least one unpaid activity in the last 4 weeks)
(If you did at least one unpaid activity in groups/organizations, codes 1 or 2 to quest.14.5)

14.6 In the past 4 weeks did you do unpaid activities in a single group/organization?
YES, a single group/organization...........1 □
NO, in more groups/organizations ........2 □

14.7 Please describe in details the main unpaid activity you did in the past 4 weeks in a group/organization?
Think about the activity on which you spent the most time, indicating as accurately as possible the job or trade that is more similar to the activity you did, avoiding generic terms.

.............................................................................
.............................................................................
.............................................................................

CODE..........................[ ][ ][ ][ ][ ]
See Classification of professions

14.8 In the past 4 weeks, how many times did you perform the activity just described and for how many hours on average each time?
N. of times  □□□
N. hours on average each time  □□□

14.9 What is the main field of activity of the group/organisation you performed the described activity for?
(one answer only)
Culture and recreation...............01 □
Sports.................................02 □
Education and research.............03 □
Health....................................04 □
Social services and civil protection ...05 □
Environment..........................06 □
Economic development and social cohesion..........................07 □
Advocacy.............................08 □
Political activity ....................09 □
Philanthropy and volunteering promotion ...10 □
International cooperation and solidarity ....11 □
Religion....................................12 □
Trade relations and interest representation ................................13 □
Other .....................................14 □
(please specify)

14.10 Please tell me which of these types of organizations best expresses the group/organization for which you did the described activity.

Nonprofit organisation
Voluntary organisation, Onlus (non-profit organisation of social scope), social promotion organisation.................................................................01 □
Cultural organisation ........................................02 □
Amateur sport organisation..........................03 □
Religious organisation........................................04 □
Non-governmental organisation of International cooperation (NGO) ........................................05 □
Other non profit organisation.................06 □

Business
(e.g. social cooperative, company) ............07 □

Public administration
(es. state, region, province, municipality, other local authorities, school, etc.) ...........08 □

Other:
Committee (of citizens, parents, etc.) ........09 □
Movement (for peace, student, environmental, feminist, religious, etc.) .....10 □
Other informal group (parish, of parents, community buying group, etc.) 11 □
Trade union or trade organisation............12 □
Political party....................................13 □
Other ..............................................14 □
(please specify)

14.11 How long have you been involved in this group/organisation?
Less than one year….1 □
One year or more….2 □ → N. of years □□□
14.12 What are the main reasons that made you perform the unpaid activity for this group/organization? (Please indicate no more than 3 answers)

- I believe in the cause promoted by the group/organization
- My friends did it
- To be with others, to meet other people
- To enhance my career and/or to have more job opportunities
- To follow my beliefs or my religious faith
- Urgency to address needs that public services do not fulfill
- To explore my strengths and put myself to the test
- To contribute to the community, the environment
- To use at best my competence and experience
- Other

14.13 What did participating to the group/organization and doing the activities mean for you? (Please indicate no more than 3 answers)

- It changed my outlook
- It raised greater civil and political awareness
- I am more informed
- It valorized previous experiences and skills otherwise left untapped
- I feel better about myself
- I acquired competences useful to my job or to find a job
- I enlarged my social network
- It improved my ability of relating to others
- Nothing changed in my life
- It meant more disadvantages than advantages
- Other

14.14 Beside the activity you’ve already described, in the past 4 weeks did you do other unpaid activities and for how many hours in total?

- NO
- YES → N. total hours of other activities

14.15 Please describe in details the main unpaid activity you performed directly in the past 4 weeks. Please think about the activity on which you spent most time, indicating as accurately as possible the job or trade most similar to the activity you did, avoiding generic terms.

14.16 In the past 4 weeks, how many times did you perform the activity just described and for how many hours on average each time?

- N. of times
- N. hours on average each time
14.17 Please state the main beneficiary of the unpaid activity you performed directly which you've just described. (one answer only)

- Relatives not living in my household ...... 1
- Friends, acquaintances, neighbors ..... 2
- People unknown to me before the start of the helping relationship ........... 3
- The community, the environment, the local area, animals......................... 4
- Other ........................................................................... 5
  (please specify)

14.18 How long have you been involved in this activity?

- Less than one year.....1
- One year or more.......2 \( \rightarrow \) N. of years ______

14.19 Beside the activity you've already described, in the past 4 weeks did you perform directly other unpaid activities and for how many hours in total?

- NO ...........1
- YES ...........2 \( \rightarrow \) N. of total hours in other activities ________